



2019

**Dive Ontario
Aspire
Provincials**



Welcome to Kitchener-Waterloo!

The Kitchener-Waterloo Diving Club and Dive Ontario invite you to the 2019 Ontario Aspire Provincial Championships, being held May 25th and 26th, 2019 at the Waterloo Memorial Recreation Centre in Waterloo, Ontario.

The Ontario Aspire Provincial Championships is sanctioned by Dive Ontario and Dive Canada. This meet will showcase the province's very best Aspire divers

We wish to thank our coaches, divers and volunteers for their dedication to KWDC.

We offer a warm welcome to our city, which is a technology hub, with two world class Universities and offices for many world class technology companies like Google and Blackberry.

Brian Dixon
KWDC president

Meet Information

Dates: May 25th – 26th, 2019

Location: Waterloo Memorial Recreation Complex
101 Father David Bauer Drive
Waterloo, ON. N2L 0B4

Equipment: 3 - 1 M Maxiflex springboards
2 - 3 M Maxiflex springboards
5M Platform
Pool depth 14 feet (4.1 metres)

Meet Manager: Joel McCradden
jt.mccradden@gmail.com

Technical Director: Roland Lipki
rolipki@gmail.com

Entries: Email registrations to jt.mccradden@gmail.com

Registration Deadline: May 3rd, 2019 (3 weeks ahead of the competition)

Late Registrations: \$25 late fee for entries received after May 18th 2019.

Entry Fees: Registration Fee \$50 (All registration fees are non-refundable.)
Board Fees \$27.50

Awards: Medals will be awarded to the top 3 in each event.
Ribbons will be presented to 4-6th place in each event.

Hospitality: Coaches and Officials receive complimentary hospitality.
An optional meal plan (\$30 per athlete) will be added to the registration fee to cover meals (breakfast and lunch) and snacks for both days. Please use the registration form to let us know how many athletes want the plan. Also, let us know about any food restrictions, allergy or otherwise so we can best accommodate everyone.

Dive Sheets: Please submit dive sheets by May 23rd or earlier. Dive sheets are to be submitted through Rezman dive sheet generator. **Please ensure you have divers registered as Tier II for their age group. Remember the software will not have the Dive Ontario standards so please correct the degree of difficulties.**

Accommodation



The Radisson Hotel Kitchener Waterloo Welcomes participants of the KW Diving Club!

Preferred Group rate starting from
\$125.99

- ✓ 2 Queen Beds or 1 King Bed
- ✓ Rate includes Full Hot Breakfast (max 4 per room)
- ✓ \$20.00 additional for a One Bedroom Suite
- ✓ Fridge & Microwave in each room
- ✓ Indoor Heated Swimming Pool & Fitness Centre
- ✓ Complimentary Indoor/Outdoor Parking
- ✓ Free WIFI
- ✓ Pet Friendly - \$25.00 Daily Fee
- ✓ Four Onsite restaurants; The Library Café, Charcoal Steakhouse, del's Enoteca Pizzeria and Martini's
- ✓ Across the street from Miltons Family restaurant and close to many chain restaurants
- ✓ Five minutes to Fairview Park Mall



BOOK YOUR ROOM TODAY
Reservations
519-894-9500 x 0
Or email reservations at
reservations@kitchenerradisson.com
Team bookings:
Eleanor@kitchenerradisson.com

For more info visit www.radisson.com/kitchenerca
Radisson Hotel Kitchener Waterloo
2960 King Street East | Kitchener, Ontario | N2A 1A9

Draft Schedule

Please note: This is a draft schedule. Depending on number of athletes, the schedule may change. Events may run up to 1 hour ahead or behind of scheduled times. 20-minute warm ups between events, unless stated.

Start time	End time	FRIDAY MAY 24 TH		
4:00 pm	7:00 pm	Open Practice		
Start time	End time	SATURDAY MAY 25 TH		
7:30 am		Open Practice		
		Closed Practice		
		Officials & Coaches Meeting		
		Opening Ceremonies		
		1 Meter Events	Platform Events	3 Meter Events
9:00 am		Aspire II group E Girls		Aspire II group E Boys
		Aspire II group D Girls		Aspire II group D Boys
				Aspire II group C Boys
		Closed Practice		Closed Practice
		Aspire II group C Girls		Aspire II group B Boys & Girls
				Aspire II group A Boys & Girls
			Closed Practice	
			Aspire II group C Boys	
			Aspire II group B Boys	
			Closed Practice	
			Aspire II group C Girls	
		Awards		
Start time	End time	SUNDAY MAY 26 TH		
7:30 am		Open Practice		
		Closed Practice		
		Officials & Coaches Meeting		
		1 Meter Events	Platform Events	3 Meter Events
9:00 am		Closed Practice		Closed Practice
		Aspire II group E Boys		Aspire II group E Girls
		Aspire II group D Boys		Aspire II group D Girls
		Closed Practice		Closed Practice
		Aspire II group C Boys		Aspire II group C Girls
		Aspire II group B Boys		
		Closed Practice		
		Aspire II group B Girls		
		Aspire II group A Girls		
		Aspire II group A Boys		
			Closed Practice	
			Aspire II group E Boys & Girls	
			Aspire II group D Boys & Girls	
			Closed Practice	
			Aspire II group B Girls	
			Aspire II group A Girls	
		Awards		

Rules

All dive sheets are due **24 hours** prior to the event. Download the latest version of the software [here](#). The latest version of the software is 16.3 – if you have a problem getting the software email Joel for help.

Dive sheets submitted after these times will be subject to a \$25 late dive sheet fee (as per Diving Canada rulebook).

Make sure to match the divers age group on both registration form and dive sheet generator. As an example, for a D group diver, **enter the athlete D-group Tier II**.

No new dive sheets will be accepted within one hour of the posted start time of the event.

Changes to the dive sheets must be submitted a minimum of 1 hour prior to the events posted started time.

Dive Ontario Aspire Rules will apply to all Aspire Age Group events.

These can be downloaded from the Dive Ontario website at:

<https://diveontario.com/wp-content/uploads/2019/03/ASPIRE-REGULATIONS-201819.pdf>

ATHLETE AGE GROUPS BY BIRTH YEAR				
	2018	2019	2000	2021
GROUP A	2000, 2001, 2002	2001, 2002, 2003	2002, 2003, 2004	2003, 2004, 2005
GROUP B	2003 or 2004	2004 or 2005	2005 or 2006	2006 or 2007
GROUP C2	2005	2006	2007	2008
GROUP C1	2006	2007	2008	2009
GROUP D2	2007	2008	2009	2010
GROUP D1	2008 or later	2009 or later	2010 or later	2011 or later

For Reference:

Dive Ontario Policies and Procedures:

<https://diveontario.com/administration/policies-procedures-regulations/>

